



CONTACT

 www.soulscience.space
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DEGREES

2022 FH St. Pölten, Austria
Master Degree in Social Work

2020 University Vienna
Social and Cultural Anthropology

SKILLS & EXPERTISE

Vinyasa Yoga
Restorative Yoga
Breathwork
Soundhealing
Pranayama
Meditation Skills
Wellbeing Management
Meditation Skills
Stress Management Techniques
Facing Difficulties in Life
(Work, Trauma, Stress, Loss,
Relationships, Emotional Struggles,
and More)

Marlies Pfeifer

For as long as I can remember, I've been deeply passionate about human connection. This curiosity led me to accomplish my **B.A. in Anthropology** and **my M.A. in Social Work**, always asking myself:

How can I support people to feel better?

But along the way, I realised that before guiding others, I first needed to understand myself—my mind, my body, and how to bridge the two. To bring this vision full circle, I became a **Yoga teacher, Breathwork facilitator, Sound Healer and Wellbeing Manager**. It all came together when I founded **SoulScience**, where I bring these elements into one holistic vision.

Holistic Disciplines & Movements

2025 Atmabreath, Dilijan (Armenia)

Assisting 70hrs of Breathwork Trauma Awareness Training

2024 Atmabreath, Goa (India)

Breathwork Training, Trauma Awareness & Somatic Experiences

2024 Pranashakti Soundhealing Goa (India)

Ancient Tibetan Soundhealing Level 1-3

2024 Feelgood Management Academy

Wellbeing Management & Corporate Culture

2023 Spanda Institute, Ericeira (Portugal)

YTT 200hrs - Vinyasa Yoga Teacher Training

2023 Laudius Academy

Certificate in Grief Counseling

2013 Ski Academy Lower Austria

Skiing Instructor

Social Sector

2020-2022 Association GIN

Social Support in the Disability Sector

2022 Sindbad

Youth Mentor

2019-2023 Linda Morning Star School, Kilifi (Kenya)

Volunteering: Led and guided **social, environmental, and development projects** within the local community.